

Fall 2022

Baby Basics of Troy Ministry providing diapers  
to low-income working families



# Baby Basics News

Contact us at [babybasicstroy@gmail.com](mailto:babybasicstroy@gmail.com)

**248-644-5920** [www.babybasicsoftroyministry.com](http://www.babybasicsoftroyministry.com)

<https://www.facebook.com/babybasicsoftroyministry>

<https://squareup.com/store/npc-bbtm>



## Diapers help more than keeping baby bottoms clean

According to an article at *Medical Xpress* on May 3, 2022, *The Journal of Developmental Behavioral Pediatrics* has published a study that links lack of diapers to poor sleep quality. Babies do not sleep well often suffer from developmental delays. "Sleep promotes brain development and solidifies learning and memory," said co-author Sallie Porter, an associate professor at Rutgers School of Nursing. "Children with compromised sleep are more at risk for childhood obesity and emotional and behavioral problems." With families continuing to suffer monetary challenges since the pandemic, this new issue is concerning.

(<https://medicalxpress.com/news/2022-05-children-diapers-poorly.html>)

## Where are the clients?

Board members are looking for ways to reach out to more needy families. We have increased our visibility with new brochures and flyers. There are some clients with no reliable transportation and others who cannot commit to the every other week pickup. But we need help finding more clients who can take advantage of our services. **I know someone who needs Baby Basics. What should I do?**

We are always taking names for our waiting list. To apply call, email or go onto our website noted at the top of this page to learn if you qualify. One parent must live or work in Troy, Clawson, Royal Oak, or Birmingham but not be receiving government cash assistance. Only two children per family can go through the program and diapers cannot be shared or sold.

## Distribution Dates in fall 2022

September 7 and 21

October 5 and 19

November 2 and 16\*

December 7 and 21

\* there is a 5th Wed in these months and so the second

distribution will be 3 weeks worth

## Policies and FAQs

### When is distribution?

1st and 3rd Wednesday of the month for families

### Can I send a friend to pick up diapers if I cannot?

Yes. It is helpful to call us at **248-644-5920** and leave a message to let us know so we know who to expect.

### What if no one can make it?

If you miss 2 pickups in a row, or multiple times without calling **248-644-5920** to let us know the reason, we will need to drop you from the program.

This year we have already received donations of over \$11,800 which is why we can replace all the babies who have aged out this year!!



**Donations this summer:**  
 \$ 250 in individual donations  
 Northbrook Presbyterian Church  
 diapers and wipes

**Brrrr! The fall weather is here and we can help "grow" our little pumpkins healthy by keeping them dry. You are helping to make sure no mom has to worry about diapering her baby through your donations!**

**Thanks to our generous diaper donors!**

We had over many diapers donated this year and are always accepting size 6's if you are considering a diaper drive. We often need smaller quantity packages to ensure we reach the National Diaper Bank recommended numbers so unopened packages of any number are welcome.



**Board and Volunteers:**

Board members:  
 Clay D  
 Jenn K  
 Christy C  
 Kathy S  
 Ruth T  
 Chris Ro

Volunteers:  
 Judy Lo      Carole P  
 Julie         Judy Le  
 Carole B     Jo  
 Sarah         Mary  
 Travis  
 If you would like to volunteer buying or distributing or being on our board- please contact us!

**This is what it feels like for family to not have diapers!**

